

LANDMARK LIFE COACHING

TOP 5 WAYS TO SEIZE OPPORTUNITY

Opportunity is all around you....most people don't see this and question why others have opportunity and they do not. The difference is those that seem to be provided endless opportunity are those that have learned to see even negative situations as an opportunity. Do not take life's events at face value. We've all heard everything happens for a reason...we just need to see what that is. Look past the event and see what it really means.

1. **Understand the definition of opportunity.** Ensure you really understand what the basic word opportunity means and are not assigning a mental definition that is not sufficient or accurate.
2. **Open your eyes wide.** Don't just see what is right in front of you; be aware of everything that is around you.
3. **See positive in the negative.** Don't assume a negative life event is just that, look for ways to take that negative and make it work for you.
4. **Be open to acting.** Opportunities will require action; don't be so hesitant that when an opportunity appears that you are not ready to take action.
5. **Understand it may not come when most convenient or expected.** Opportunities come when they are ready, not when you are ready and at the most opportune time.